

Funded traineeship for young graduates at the EU Delegation to Honduras

The deadline for submitting applications is 30/07/2026

Are you a **young graduate** interested in international relations? Are you curious to learn more about work of a diplomatic mission and how the EU Delegation represents EU interests and values in Honduras?

We offer:

A **traineeship of up to 6 months in 2026** within the Political, Press and Information Section of the EU Delegation. The tentative start date is in November 2026.

The Delegation of the European Union in Honduras plays an important role in the representation of the countries that make up the European Union and in the transmission of the values promoted by the European Union at international and Honduran level. In this context, it seeks to support the work carried out by the Political Section of the Delegation, especially in organisational, press, communication and/or administrative areas.

Main tasks:

- ✓ Supporting the daily work of the team of the Political, Press and Information Section of the Delegation to the European Union.
- ✓ Collaborating in the task of compiling information.
- ✓ Supporting the organisation of the various meetings and events, list of participants, invitations, distribution of information, preparation of minutes and subsequent follow-up, depending on developments in the country.
- ✓ Content creation for different media channels (articles, social media posts, graphic design, video editing, etc.)
- ✓ Collaborate in activities related to the communication and visibility of the Delegation, including the organisation of events, contact with suppliers, maintenance of social networks and the website of the EU Delegation in Honduras, maintenance of contact lists.
- ✓ Any other tasks related to the activities of the Delegation as deemed appropriate

We look for:

Qualifications or special requirements:

- ✓ Taking into account the local health and security conditions, only applicants currently residing in Francisco Morazán, Honduras, will only be considered.
- ✓ To have at least one university diploma in journalism, communication, advertising, marketing, or similar.
- ✓ Candidates must have less than one year of professional experience after their graduation by the signing of the Traineeship agreement. (other traineeships or student jobs or volunteering

works carried out during university or after graduation are not considered as professional experience)

- ✓ Perfect Spanish skills (native speaker or C2). Good knowledge of English.
- ✓ Good drafting and analysing skills.
- ✓ General knowledge of the European Union.
- ✓ Social media management
- ✓ Content creation skills.

How to apply?

Candidates must apply to the e-mail address DELEGATION-HONDURAS-TRAINEES@eeas.europa.eu and send the following documents:

- A detailed standard Europass curriculum vitae (**CV**) <https://europass.cedefop.europa.eu/> (CVs in other format will not be considered)
- a cover letter describing why you want to participate in a EU traineeship
- **and an application form**

Please mention in the subject of your e-mail: Funded Traineeship - EU Delegation Honduras/Political Section

Important information to read before applying

Before applying you are requested to examine the [dedicated website](#) as well as the [general eligibility criteria](#) for a paid traineeship (Article 8 of the Decision ADMIN(2017)28 – Paid traineeship).

Each selected trainee will receive a [monthly grant](#) to cover living expenses. All costs related to travels, visa, insurance, accommodation must be borne by the trainee.

Applications from non-eligible candidates will not be considered. After the evaluation of all applications, shortlisted candidates will be contacted and invited for an interview. Unsuccessful candidates will be notified by email. In case the selected candidates are not able to present the required documents, their application will be rejected.

The traineeships can only be offered in compliance with the local legislation as well as the legislation of the country of origin.

Citizens from EU Member states:

- **must provide proof that they will be covered against the risk of a pandemic and the costs of repatriation;**
- **must hold a relevant entrance visa and / or temporary residence permit where applicable, based on the traineeship agreement, the duration of the traineeship, and in compliance with the local legislation.**